

## Exercise to skim your text

### Skimming for an overview

#### **Step 1: Prepare for reading**

Find your text and remove distractions, turn off phone and computer. Find a pen and paper for taking notes.

#### **Step 2: Get an overview**

Read preface and headlines. Read a little more the places that have a special interest to you.

#### **Step 3: Write down notes**

When you are done reading, write down short notes in your own words. That makes it easier to remember the important details.

### Skimming for reading faster

#### **Step 1: Prepare for reading**

Find your text and remove distractions, turn off phone and computer. Find a pen and paper.

#### **Step 2: Read faster than usual**

Use the paper to slide over the pages of the book to indicate where to read. Make sure you move the paper a little faster than you normally read. Use your pen to mark places in the text that you would like to read more closely later.

#### **Step 3: Read more thoroughly**

Reread the places you marked with your pen for a deeper understanding.

This exercise was made by the Central Study Counseling at SDU. Learn more about reading here: [www.mitsdu.dk/studievejledning](http://www.mitsdu.dk/studievejledning)